



# January 2025 Free & Low-Cost Activities

Activities in Green are FREE & Activities in Blue are \$5 or Less.

Sun	Mon	Tue	Wed	Thu	Fri	Sat
<p>Fun places that are \$5 or less or FREE!</p>			<p><b>1</b> <a href="#">Resolution Run 5k</a>, 10 am, Pineview Park, <a href="#">Register Here*</a> <a href="#">First Day Hike</a>, 11 am, Travelers Rest State Park, all ages guided hike, hot cocoa afterwards</p>	<p><b>2</b> <a href="#">Create with Kevin</a>, 3-6 pm Thursdays, EmPower Place <a href="#">Dream Bigger Teen After-School Program</a>, 3-6 pm, MPL, <a href="#">register*</a></p>	<p><b>3</b> <a href="#">Tiny Tales</a>, 10:30 MPL <a href="#">Storytime and Songs</a>, 11-12 Fridays, EmPower Pl. <a href="#">LEGO Club</a>, 2:30-5 pm, MPL <a href="#">First Friday</a>, 5-8, downtown</p>	<p><b>4</b> <a href="#">Msla Valley Winter Market</a>, 9-3, Southgate Mall, Double SNAP Dollars <a href="#">Young Kids Dance Party</a>, 11 am, MPL <a href="#">DIY Recipe Books for Kids</a>, 1-2 pm, MPL</p>
<p><b>5</b> <a href="#">Salsa Dance Class</a>, 1-2 pm Sundays, 2704 Brooks, \$10. <a href="#">Kids' Mvmt Class</a> next door at same time, \$5 <a href="#">Sober/Sober/Sober Ally Basketball</a>, 5:30-7 pm Sundays, 1001 Cleveland, <a href="#">reg*</a></p>	<p><b>6</b> <a href="#">Mini Naturalist PreK Program</a>, 10-11 am, MNHC, now completely free <a href="#">Tech Café</a>, 1-3 pm, Msla Aging Services, drop-in <a href="#">Art in the Moment</a>, 1:30 MAM, call 318-8242 to <a href="#">reg*</a></p>	<p><b>7</b> <a href="#">Silver Sneakers</a>, 9-10 am every Tuesday, Greater Good Health, <a href="#">register*</a> <a href="#">Baby Bistro</a>, 10-11:30 am every Tues, MFB&amp;CC <a href="#">Read with Dogs</a>, 3:30 MPL</p>	<p><b>8</b> <a href="#">Senior Skate</a>, 10-11 am, Glacier Ice Rink, \$5, includes skate rental, <a href="#">reg*</a> <a href="#">Parent/Tot Skate</a>, 11 am, Glacier Ice Rink, \$5, <a href="#">reg*</a> <a href="#">Kids STEM Day</a> 11-2, MPL</p>	<p><b>9</b> <a href="#">Resource Access Day (RAD)</a>, 12-3, MPL <a href="#">YMCA Yoga @ the Library</a>, 12-1 pm Thursdays, MPL <a href="#">Earth Science w/ Buck Hitswithastick</a>, 2-6 MPL</p>	<p><b>10</b> <a href="#">English Country Dance</a>, 7 pm, Elks Lodge, \$5-10 donation <a href="#">Full Moon Event</a>, 7-10 pm MST, Lolo Pass Visitors Ctr, free parking</p>	<p><b>11</b> <a href="#">Town Bound Birding</a>, 9-11, Maclay Flat <a href="#">ESL Class</a>, 9:30 MPL <a href="#">Car Seat Installation</a>, 10-3:30, 2521 South Ave W call 549-6172 to <a href="#">reg*</a></p>
<p><b>12</b> <a href="#">Carousel for Missoula</a>, 11-5:30 daily, Caras Park <a href="#">Missoula Public Library Open Hours</a>, 12-5 pm on Sundays <a href="#">PainSavvy Health Literacy Class</a>, 1:00-1:50, MPL</p>	<p><b>13</b> <a href="#">Art Supplies, Indoor Play Space</a> 10-6 Mon-Sat, ZACC, art supplies for all ages <a href="#">Mini Naturalist PreK Program</a>, 10-11 am, MNHC <a href="#">Public Skate</a>, 1:30-2:30, Glacier Ice Rink, <a href="#">register*</a> <a href="#">LEGO Club</a>, 2:30-5 pm, MPL</p>	<p><b>14</b> <a href="#">Infant to 3-yr Old Playgroup</a>, 10:30 Tuesdays MPL <a href="#">Memory Café</a>, 2-3 pm MPL <a href="#">Dream Bigger Teen After-School Program</a>, 3-6 pm, MPL, <a href="#">register*</a> <a href="#">Read w/ Dogs</a> 3:30 MPL</p>	<p><b>15</b> <a href="#">Story Time for Diverse Abilities</a>, 1-2 MPL <a href="#">Kids Cooking Class</a>, 4-5 pm, MPL <a href="#">Dungeons &amp; Dragons</a>, 5:30-8:30 every Wed, Lowell Elementary gr 3-8, donations welcome, drop-in</p>	<p><b>16</b> <a href="#">YMCA Yoga @ the Library</a>, 12 pm, MPL <a href="#">Discovery Bench Activity</a>, 2-6 pm, MPL <a href="#">Dream Bigger Teen After-School Program</a>, 3-6 pm, MPL, <a href="#">register*</a></p>	<p><b>17</b> <a href="#">Art with a Purpose</a>, 11-12, MPL <a href="#">Yarns Knitting Group</a>, 12-2 every Friday, MPL <a href="#">Young Adult Writers' Group</a>, 3:30-5:30, MPL</p>	<p><b>18</b> <a href="#">Beginning Bird Walk</a>, 10-1, Lee Metcalf Nat'l Wildlife Refuge <a href="#">Yoga Story Time</a>, 10:30-11:30, MPL., ages 3-7 <a href="#">Winter Storytelling</a>, 11 am, Travelers Rest</p>
<p><b>19</b> <a href="#">Carousel for Missoula</a>, 11-5:30 daily, Caras Park <a href="#">Free Art Supply Closet and Indoor Play Space</a>, 12-4 Sundays and 10-6 Monday-Saturday; art supply closet for all ages</p>	<p><b>20</b> MLK DAY <a href="#">Martin Luther King Jr. Celebration</a>, 4-6 pm, St. Anthony's Church, Community Social Dinner at 6-8 pm, donations welcome</p>	<p><b>21</b> <a href="#">Silver Sneakers</a>, 9 am, Greater Good, <a href="#">reg*</a> <a href="#">Bowling</a>, 9-5 Tuesdays, Westside Lanes, \$2/person games, \$2 shoe rental <a href="#">Living with the Land</a>, 6-7 pm, MPL</p>	<p><b>22</b> <a href="#">MakerSpace Sewing Drop-in Hrs</a> 2:00-5:30 MPL <a href="#">Discovery Area Science Activity</a>, 2-6 pm, MPL <a href="#">Research Studies &amp; Science Activities for Kids</a>, 3-6 pm, MPL</p>	<p><b>23</b> <a href="#">Tiny Tales</a>, 10:30 am, MPL <a href="#">YMCA Yoga @ the Library</a>, 12 pm, MPL <a href="#">Intro to Podcasting</a>, 2-3 pm, MPL</p>	<p><b>24</b> <a href="#">Art Supplies &amp; Indoor Play Space</a> 10-6 Mon-Sat, ZACC; art supplies open to all ages <a href="#">Tiny Tales</a>, 10:30 MPL <a href="#">Happy Hour @ Carousel</a>, 3:30 Fridays, BOGO rides</p>	<p><b>25</b> <a href="#">Msla Valley Winter Market</a>, 9-3, Southgate Mall, Double SNAP Dollars <a href="#">Symphony Kids</a>, 10 am-12 pm, MPL <a href="#">Winter Storytelling</a>, 11-12, Travelers' Rest</p>
<p><b>26</b> <a href="#">Msla Food Bank Hours</a>: Mon/Tues/Th 10 am-7 pm Wed/Fri 10 am-1 pm <a href="#">EmPower Place Hours</a>: Mon/Tues/Thurs 10-6 Wed/Fri 10-1</p>	<p><b>27</b> Register for <a href="#">Kiwans Basketball</a> by Feb 24 @ 5 pm. Free to grades 6-8. Practices begin week of March 31, <a href="#">register here*</a> <a href="#">LEGO Club</a>, 2:30-5 pm, MPL</p>	<p><b>28</b> <a href="#">Explore with spectrUM</a>, Tuesdays, 2-6 pm, EmPower Place <a href="#">African Dance Class</a>, 6 pm every Tuesday, PAR/TV Bldg, UM, \$10 (free to UM students)</p>	<p><b>29</b> <a href="#">Open Hours</a>, 10-5, Missoula Art Museum (MAM) <a href="#">Dungeons &amp; Dragons</a>, 5:30-8:30 every Wed, Lowell Elementary gr 3-8, donations welcome, drop-in</p>	<p><b>30</b> <a href="#">Carousel for Missoula</a>, 11-5:30 daily, Caras Park <a href="#">YMCA Yoga @ the Library</a>, 12 pm, MPL <a href="#">Create with Kevin</a>, 3-6 pm Thursdays, EmPower Place</p>	<p><b>31</b> <a href="#">Teddy Bear Sleepover</a>, 4-5 pm, MPL. Leave your stuffed animal overnight, if you want, and pick up Saturday between 9-11 am and celebrate Ice Cream for Breakfast Day!</p>	<p>Thank you to our 5-2-1-0 Sponsor:  United Way of Missoula County</p>

